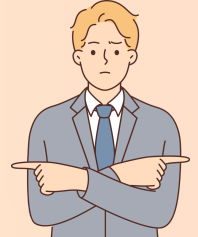


SUPPORT, NOT CONTROL

How Supported Decision-Making Works



I decide
(with support)



Someone decides
for me



83%

Use Supported
Decision-Making



WHO HELPS?

65%



Family
Members

51%



SSAs/Case
Managers

39%



Staff/
Caregivers

36%



Friends

28%



Guardians

IT'S OKAY
to ASK
for HELP



Novak, J. (2026). Nothing About Me Without Me: Decision-Making Perspectives of Ohio Adults with Intellectual and Developmental Disabilities. [Link to report.](#)

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